

Governments fighting obesity

Pre-task:

Look at the infographic by the World Obesity Federation. Where do the most overweight people live? What is the percentage of overweight people in your country?

[Obesity prevalence worldwide - adults](#)

Image 1

Task 1:

Read up on the internet about a proposed ban on XXL soda portions, e.g. [Goodbye, Big Soda: New York Becomes First City to Ban Large-Sized Soft Drinks](#). Think of arguments for and against and discuss with your partner the advantages and disadvantages of such projects!

Pro

Contra

Pro	Contra
People can't buy such big portions ...	Everyone can decide for themselves, which drink s/he buys in which portion size ...

Task 2:

Talk to your partner: What can governments do? Should they maybe introduce a sugar tax? Talk about possible projects or strategies that a government might adopt in the fight against obesity.

Follow-up activity:

Which strategies is your country's government actually following? Look for articles and official information about obesity related government plans. Explain to your partner what the plans are and which steps the government must take to carry them out. Compare these plans and strategies with the situation in your partner's country.

Sources

Image 1

<http://www.worldobesity.org/data/map/overview-adults>

Text 1

<http://healthland.time.com/2012/09/13/goodbye-big-soda-new-york-becomes-first-city-to-ban-large-sized-soft-drinks/>